



## JOHN "JACK" E. TRAINHAM

May 26, 1955 - January 21, 2026

John "Jack" E. Trainham, 70, passed away surrounded by family on January 21, 2026. He was born in Ogdensburg to George "Pete" and Audrey (Nugent) Trainham. Jack was raised in Waddington, N.Y., and attended Waddington-Madrid school. A man of many talents, he would go on to work at Onondaga Tool Corp., Otis Spunkmeyer, Geddes Town Hall, and the New York State Fair. Most of all, Jack loved family get-togethers and spending time with friends. Jack is predeceased by his sister and brother-in-law, Sharon and Richard Gregory, of Watertown; nephew, Peter Gregory; brothers-in-law, Daniel Rusczyk and Edward Doring, Jr.

He is survived by his loving wife of 43 years, Elizabeth "Betty" (Doring) Trainham; brother-in-law, James (Trish) Doring; sisters-in-law, Donna Berry, Patty Rusczyk, and Rosemary (David) Hamm; uncle, Joseph Ashley of Farmington, New Mexico; many nieces, nephews, and cousins; and lifelong friends, George Donie and Dan Daddario.

There are no calling hours or services.

In lieu of flowers, donations in John's name may be made to St. Jude Children's Research Hospital- [www.stjude.org](http://www.stjude.org)

Please share online memories and tributes at [www.bagozzitwins.com](http://www.bagozzitwins.com).

# Tribute Wall

PA

“ So sorry to hear of Jacks passing Betty. It was such a surprise to hear. It was always so much fun playing hid and seek in our backyard with him growing up. And of course I might have had a little crush on him. He was always a lot of fun to be around. Sending love and hugs.

PattyVanPatten - February 02 at 09:01 AM

HM

“ Betty I am so sorry to hear of the loss of your husband Jack our thoughts and prayers are with you and your family at this time.  
Harry Moebs

Harry Moebs - February 01 at 11:34 AM

DH

“ I've been a friend of Jacks since high school.. somehow he would talk me into doing the dishes at his and his father's house... And that's incredible, because dishes are my least favorite thing to do. He got a bunch of us girls to rotate doing dishes.. he would eat an onion like an apple.. □ And when I met his beautiful wife Betty.. they were great together.. they would on occasion come for Homecoming.. And we would laugh together, for almost the whole weekend.. I'm definitely gonna miss hearing. hey Red.. i don't think he ever used my name.. just Red.. Yes.. I'm definitely gonna miss seeing Jack and Betty..💔

Debra Hall - January 31 at 08:57 AM